TRIB3 Studio Companion

GETTING STARTED



STEP 1

Scan QR Code

Scan QR code with your phone camera.



STEP 2

Download TRIB3
Studio Companion app
Download the TRIB3 Studio
Companion app to your Apple
Watch®



STEP 3

Create your account

Tap 'Sign in' to create your account.



STEP 4

Connecting to a Hub

The *TRIB3* app will automatically connect to any available hub.



STEP 5

Enter your HR Device ID

Open the settings to see your unique HR Device ID.

Enter this number into your member profile in the TRIB3 system.



STEP 6

Start your workout

Tap to start your workout. You should see your heart rate on the TRIB3 system.